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On Fall Break

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On Fall Break

Cover Page Footnote

Thank you to my daughter, Miriam, who sent our family a poem on the first day of Fall Break and prompted this response.

On Fall Break

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decompression
letting go the anxiety of tomorrow
to find the moment of now

still the performance looms ahead
responsibility, accountability, need-meeting
precarious dance of facilitation

so many young souls
navigating, seeking, diving into
the path of adulthood

how to wade through the paper piles
and computer files
and ethereal mail

to find the solace of the outdoors
and the arts