

## On Fall Break

Rachel Levy

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### Recommended Citation

Levy, R. "On Fall Break," *Journal of Humanistic Mathematics*, Volume 9 Issue 2 (July 2019), pages 333-333. DOI: 10.5642/jhumath.201902.24 . Available at: <https://scholarship.claremont.edu/jhm/vol9/iss2/24>

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### **Cover Page Footnote**

Thank you to my daughter, Miriam, who sent our family a poem on the first day of Fall Break and prompted this response.

# On Fall Break

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decompression  
letting go the anxiety of tomorrow  
to find the moment of now

still the performance looms ahead  
responsibility, accountability, need-meeting  
precarious dance of facilitation

so many young souls  
navigating, seeking, diving into  
the path of adulthood

how to wade through the paper piles  
and computer files  
and ethereal mail

to find the solace of the outdoors  
and the arts