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# Fallible and Malleable, I Have Made it This Far

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FALLIBLE AND MALLEABLE: I HAVE MADE IT THIS FAR

A collection of poems by FERN S. BAILEY

# SUBMITTED TO SCRIPPS COLLEGE IN PARTIAL FULFILLMENT OF THE DEGREE OF BACHELOR OF ARTS

# PROFESSOR LIU PROFESSOR MANSOURI

DECEMBER 12, 2022

I would like to take a moment to thank Professor Liu,

I would not have made it this far without your continued support and reassurance. You embraced my work with open arms and an open mind from the beginning, and for that I cannot thank you enough.

For all the ones I love.

# Table of Contents

I. 'I'	4
II. You	17
III. Amalgamation, A Collective	25
IV. The Emergent 'I'	50

I. 'I'

# <u>Observe</u>

## I am

So much nonsense

# The entropy

The natural chaos

Inevitably present

A molecular mess

Disorder with bony wrists

And a sharp spine.

# I am

So much greater

Than the sum of my parts

And sweeter

Than the words

I tend to speak.

# I am

A gummy vitamin

So good and sweet

Hard to chew

Too easy to eat

Kept in a bottle

Maybe high on a shelf

# Cut in whimsical shapes

A forced sense of self.

# Good Bones

The floor is usually there, I've never gotten out of bed To find it's moved away. That's nice. And walls, As much as they Close in Talk too much, And always forget my name, I'd like them to stay put. All I know is carpet, And popcorn ceilings, And the worst shade of white You could imagine, Overhead lighting Never the right kind, not kind at all, The mirror I shouldn't have, The window I wish I did, Someone to make the bed, And the distance between me And all of that. So, no it's not my favorite But I am not allowed to hate it, I am not allowed to leave In pursuit of breathable air.

## <u>Humane</u>

I have felt the dog's heart beating

Out of its chest

I have felt pulsing

Against my shoulder

I sharpened them

For this occasion

I point my shoulder at the pulse

I drive it into the heart

Growing bulging aching protruding

My clavicle is not a stake

And the dog did not have a heart

It was my own

Leaping futile bounds

Bouncing off of bad breath

Sticking to me

I wish its chest hair

Were knives

I wish thumb wars

Had prepared my strength

I wish I were strong

As its desire

Had I been fast

I'd have tightened a belt

Had it been light still

I'd have found the door

I wish chest hair were knives

Against sternum and blue veins

I wish it had finished the job.

## Place Your Blame

Be kinder to your mother On days you take the sidewalk Offset your careless footsteps, Listen when she talks Do not resent This woman you've just met, She has lived most her life Without you. She didn't synthesize scissors She might've hoped for glue, She got you.

Fear hollowed our cheeks the same But we'd never choose it to blame Petite hands, elegant throats, Above scrutiny, and we hope The other has no clue we can't breathe. If she knew how to inhale Might she teach me? Lungs contracted so long We don't need air to go on, Turning blue But not the kind you paint walls.

#### The First Earth-Shattering Lie

There's a certain choreography, **Right**? You haven't programmed these movements It's a dance you didn't know you were Going to have to do And yet, sponge to countertop Wipe up the drops Back to windowsill, Wring out, And then back to windowsill, It's wet hand to towel Hanging on oven door And then hand to fridge, You have to pull harder than before It's sticky It isn't usually sticky Not so stuck But your parents are Separating And it's become Increasingly difficult To get all of the jelly on the toast These days, Do you know what I mean? Their eyes aren't as good My eyes have never been good Not in any sense It's senseless all the way But still I feel sticky,

Grab the milk close the door That's not what I needed See? Eyes. Open the door again but it's loosened So the same thoughts won't Reverberate Because this time you grab the cream cheese Turn around And your bagel is burning.

# Messes Earned

There's a street that I picture When certain names drop An intersection In which cars never stop Though they ought to.

Crosswalks can't save you From lawless behavior From being a picture stapled On file-able paper From being shoved in a drawer, Or the ground Dug up later, But I will never look both ways.

# Proof of Life

To shoot myself would be one thing Entirely another if I decided to miss Bottles of insoluble solutions Or sharpness pressed to my wrist In blue veins we trust Not to burst, Not to rust, Capillaries full, I feel I'll combust. My receipts, I recycle, might read, If you read them, A tale of a lost girl Deserving of an addendum You see, omissions end up On the ground, or in a can If you're smart, you save them For one day you've planned, To read them aloud To fill in the holes, People must be curious How you've tread on these soles For so long. At least they will be when it's time to exhume, I hope.

# <u>Green</u>

I fear I'm doomed to press My face further into prose And windows of houses I don't own Perhaps not Although it might fix my nose And green grass is my favorite.

## I've Got Curtains

I've got curtains

On my windows Just to watch Somebody dance And ants In my bedroom I wish it looked out Onto the ocean And I like the notion That I should Stand on the rocks Barefooted Not even socks And wear that dress Crimson Or red And obsess Over the salt My hair keeps As the waves Jump, Leap. Unaware that I am there, Water fills my evening gown 'How perfect' It says Laid to rest, Impeccably dressed,

#### Temporary Installment

My garbage is piled so high right now Tissues on tampon wrappers, Plastic bag, coated in phlegm My grandmother is dead.

If we ever sell this house, If my mother dies too, Crayon and glue that I've caked on Green walls, well...

I suppose I was a temporary installment This gallery was mine for long and I'll be so sad to see it go, Not a single piece sold.

Every painting I've given away Has come back to me; Living entities get to reclaim And I don't find it fair,

The ache and the shame Because I'm not dead soon Because I don't want to lug it around Until I am.

Repossession of a canvas That should've stayed on her wall. And I know she admired it Mistakes too small for her eyes. For months I debated What colors to paint it Sent it by mail I wouldn't be there to hang it, Was it hung? I hope.

It was made for her eyes, For only her to see Now I hold it again, Hear it chiding me Sloppy brush strokes, how selfish

My garbage is piled so high I am not dead soon. I don't want to lug it around Until I am. II. You

#### Does Your Mother Know

You do not feel like much Today. You are not much, Not much more than sharp sleep In your sockets and laundry And activities that create more laundry, Now that you can wash your own clothes, Now that you'd rest if you could.

You are built on top of Someone little, whose body never tired Had she been able to reach permanent press Sleepless nights might have Had their use, tiptoeing to and fro Tide pods in tiny hand, and Her mother wouldn't have cared so much About tiny shirts Or yelled about dirt— I digress.

Your mother doesn't know. Should you explain to her How miniscule The atoms in your makeup, She might recall the last time She folded your socks, Feels expendable when you fold fitted sheets. She's seen you take up space. Pants at once don't fit Then shoes Then the entire house. Imagine telling her it was a waste, And she shouldn't have bothered, Finding you a place, an empty room. She could have gone on Making your room neat, Cutting your meat.

You are either too much, or absolutely nothing Come fall, you are the effect of the season And handprints on her wall Enormous inside her chest cavity But outside her, very small.

You do not feel like much.

# Do You Feel That Way Too?

It's hard to say just what I mean.

Do you feel that way too? Like blue but not the kind anyone ever painted their walls,

Still blue but not free to complain?

This brain. I swear.

I quit while I was ahead and now a head is all there is.

No limbs. Not ones that go places.

No, the furthest I've gone is one flight of stairs

And my mind likens landings to mountaintops.

## Wasting My Breath

I'm sorry but I've accidentally-Unknowingly or perhaps... Just let me say I am sorry I've somehow placed you somewhere You've not asked to be put, I never intended to Hold you so high But you floated on by And I grabbed the thin string Ever since Quick thinking Gentle grip I don't make you come down From so high above me I haven't assumed That you hate me Or love me You are red, so inflated Tied up Kind of free All I know is you'd Pop if I tied you to a tree So you're mad that I carry you Around on my walks And you're tired of hearing Me talk, But you're still in one piece I can't prove it to you, But you're whole.

# Taste Something Sweet

Taste something sweet Right now. You can't, can you? Let some of it drip down your face But you won't Peel the stickers off Or eat it whole You aren't going to Because there's nothing in the bowl, Right? Remove the pit From your stomach And the knives And the surfaces meant For knives And the counter The fruit flies The island that you are, And then I'll ask you one more time To take a bite.

# Simple Gestures

Melted it down to make you a ring

And it's shiny and plastic

And pink of all things

Said you'd wear it at parties

Or shopping downtown

For friends at the bookstore

In all sorts of crowds

And I loved the idea

That you loved me enough

To let glue and glitter

Get stuck in your stuff

To replace your toothbrush

Every once in a blue moon

And make room on your fingers

For bedazzled polyethylene spoons

# <u>No Room</u>

My favorite things are full The glass at least halfway My mouth, of pearls These days I can't seem to hide them Lungs expanding Stomach growing, bulging, aching, protruding I'm taking up more space I'm outgrowing a single couch cushion And your heart was at capacity before we met. III. Amalgamation, A Collective

### Now and Later

I.

Now is the time When it's the most perfect thing New and small and beautiful Can't run away or say 'fuck off' Needs you to teach it to drive, Keep it alive while you're at the wheel. It's going to draw lots of pictures You'll shred, forget to resent you As long as you fit in its bed. Entertained by supermarket lobsters, Elevators, and illusions like you.

Combs your dresser drawers for cash Yells words you've never heard, But certainly said, Right back in your face, Crosses the road successfully alone Makes its own lunch Makes you miserable Makes you eggs all wrong Forgets baking soda sometimes, Vanilla extract, To close the gas cap, To close their tab, And you think it's sinking in They'll need a coat, They'll never learn, They'll learn slowly.

When I'm buying my own groceries, I have to push the cart, Not because I'm with my mother and asked to, When she'd pretend to size me up for the task, "can you?" (A privilege threatened every time I caught her heel) This time it's because I need frozen things, Someone to love me, Everyone pushes their own shopping cart now.

Check out lines went faster when mom needed To use the bathroom, when money was no object of mine So slowly I slide through now, this is where I pay Scanning *People*, practically raised by these racks Grabbing gum from those little last minute shelves, Immediately putting it back, Placing my shit on the belt, Cold stuff has to go first CHECK UNDER THE CART! (There is never anything under the cart) DON'T TOUCH THE COUNTER Mom yelled every time so stop doing it. Infuriating density, but precious.

> There had to have been a time When I was the most perfect thing New and small and beautiful Couldn't run away or tell you to fuck off Fit so nicely in a shopping cart seat Just new and small and beautiful.

27

II.

#### This Glass House He Bought Me

My father writes his grocery lists On the backs of envelopes And I don't think he ever really coped With his father's death. He loves the Eagles they're his favorite And he sings their songs to me He has no idea that I've written and Re-written his eulogy. Such an energetic man at 63 God he's old now, still has all his teeth, But good memories of me I don't think have been spared I'm sure he looks back and all he sees is How I never really cared. Deceit and double vision I lie about something every day But he still calls me by my sister's name I call it justice, That makes it kind of okay.

### Christmas Eve

Today we sat at a table A couple of blocks Down her street. It was nice, she wanted Exposed brick and coffee I just needed something To eat. Nothing looked like it Would stay down But I was hungry, I ordered eggs. My fingers, they bled And I couldn't stop moving, Crossing then uncrossing My legs. We talked about our Lives, as if our rooms Weren't side by side, For years before We'd ever know Twinflames, before we tried. The coffee wasn't hot enough And I couldn't Finish my toast, I told her how I shrink Myself, how much lately I've wanted to be a ghost. And for two or three seconds Our eyes looked the same,

'They're insane,' We've both said it, And for different reasons We're right, I loved watching the Runny yolk As she talked about how they'd fight. 'We were meant to fix them, Entirely too small,' Scraping my fork I hate that I was There, I hate reliving it all. I wish people left Their thoughts Unsaid, Sealed their lips quietly. I never know what goes On in my dad's head Except once he decided to tell me, 'Your reality is a lie, Hope you've noticed that by now.' What was I supposed to say? 'You've shattered the illusion.' I never believed it anyway. And I asked her why he said that When I was like 13 years old, My life going at a snail's pace, Somewhere I couldn't leave, Doing what I'm told. Home was always close When it was really

And when she told me She loved me I wanted to fall Into life by her side She can fix me I think. I want my own place, My own kitchen sink, But I've stared at hers And I don't know how I'll get there myself I can't picture it now. The table was small The food was a lot She paid, I accepted We left And all was forgot.

Nowhere near at all,

# <u>Ode</u>

She reflects on car doors, Clean windows, and dirty spoons And no matter how she shrinks herself She can't find the room And I've told her 'I love you. Your face, I adore Beyond words I am contentedly, Irretrievably Yours.' I wish her heart reserved some space For her stomach And her waist, All her mismatched socks, The seasonal freckles on her face. She has tattoos from ages before We'd begun, And I've loved hearing the story Behind every single one Because she is so beautiful and I couldn't Pretend any less, It's her head of tangled hair I want on my chest And the more breath I hold Stopping time, freezing her frame The more I want to scream "YOU, it's YOU I blame!" For becoming the skin cells I care about Most

For scrambling my eggs And burning my toast, I'm in love with your voice box And the folds of your brain, And the pages you've written for me, And your name, Don't retreat, solid ground For your feet I have found. Take up space, stick around I just love you so much

#### Pantone Off White

The elusion of sleep is no longer a choice We can't stay up all night In our breathtaking noise, You aren't here to make staring at walls Something fun, Watching dried paint and wond'ring Just how it was done With a roller, a brush, Why they settled on this white If they sat down and said 'Bone just wouldn't be right,' If they sat in this chair in this corner For days Absent-minded, observing The sun, how its rays— The trusting inhabitant, Warming skin on display, And then picked From spread-out swatches They had to have known In this room we would act Most alive, Entirely grown. You called the hue milquetoast, Decidedly our own. The time we allotted

To staring and thought The decisions we made In that room, for the plot And that room is still standing, Now eggshell I'm sure, But we couldn't exist there Now, how we did there before.

We were what we ate, Mostly words.

#### <u>Ink Well</u>

Friends are hollow Bird bones, So light I've changed who I follow She's out of my sight, She listens to words No one else wants to hear, She's reserved me The negative space in her ears, Losing tears is okay She adheres to uncertainty *You're empty of ink* She puts it so perfectly.

Birds go south these days. Too afraid of the sky, I might leave it be I might wait til July, I might clip my own wings And be cruel and unkind, So when she calls me sweet I can tell myself she lied.

### Mess is Learned

And you live in a room Without sponges or brooms To make clean what is now caked in dirt. If I cared somewhat more To declutter the floor You might enter without getting hurt. But the stains have long soaked, Long before I could care



I stare at the smell, Far too thick not to see As it floats above thin sheets And chastises me For not washing the day off myself Before bed Trading fresh air and fake words For stale breaths instead.

# there is No One to blame

I don't feel things, out of convenience.

A physical form without sentience, needless.

There is no one to blame, a task insurmountable.

Disassociated no doubt, she can't be held accountable.

# Swallow Song

Birds don't eat much right? That's the implication, I suppose That's what people say When I no longer fit my clothes. They'll start noticing my bones And say 'look how hollow' Incredible I've lived as long Merely circling the dreaded swallow.

#### <u>Silent Racket</u>

The enormity of my addiction An unprecedented affliction I never thought my lungs could feel this way. I've never told the truth, Isn't it shameful? And blame isn't hard to place Just painful. It started somewhere I'd hoped I could leave Even time zones and happiness Couldn't take it from me. It's got legs and they've grown So it stands, tall as I do Perhaps those are my own It's just something I cling to Disrespecting my novels, The ones I flip through, And leaving traces, Splotchy clues I wonder if that's all I'll leave behind Disgusting stains, No one to blame, And slant rhyme.

#### The Spotted Mind

Soup stains surely weren't the worst As a kid, too-big sleeves found their way In the bowl first, But these days They're something I cannot stand Rolled all the way up So they can't even graze my hand, I had planned to be messy The rest of my days Spilling sauces on blood stains And loving the ways

My puke made the carpet stiff.

Now it seems there's no soap I can soak in too strong, I fixate on dirt in my nails for too long The same song reverberates And skin it agitates Please just shut the FUCK UP

I can't think straight.

Maybe vacuuming will drown out the noise.

#### No More Resemblance

I have my father's eyelashes. He was the first to tell me, but not the only one who noticed. And I probably never would have known. Cut short and then singed, they grew back only kind of. No more resemblance, they're mine now. Still, I thank him all the time.

From very far away, and silently.

I've clung to their beauty, or at least the idea that they are in fact beautiful,

Because the rest of my face is his too. Same nose, thin lips, sharp teeth, big forehead.

You can see the resentment in our wrinkles. Did you know fear can hollow out cheeks?

The hairs on our arms stand too tall. Relentless sun spots us with red.

I've certainly not loved being an extension of him. Makes me mad that our cells share so much.

But I can't say he never gave me something. Can't complain when one falls in my eye.

## I suppose if he'd known...

If her prose he'd been shown

If one floorboard had loosened

Or creaked or groaned

Under the weight she had waited to feel in her bones,

If her nose after spurning spoons would grow

Holding her breath and her tongue

As her skin lost its glow

If something tipped him off

Betrayed her and told

Those words could be heard

Or tasted or seen

But she chose

To exist so that no one would know

#### An Extension of Him

Plastic bags are like tumbleweed 'Thank you for shopping

And saving with us'

And you're saving, alright

In grimy snapshots we trust

In one ear to the pavement

Or carpet on the bus

Soaking irises can't blur

What he did to us.

There I go placing blame

Like we've got the same brain

Like he split in half,

But I am him all the same

Like we are identical,

Save for long legs and name,

Like he hurt me

And it's him who should be ashamed

No. That's me.

Sometimes I confuse

Adoration and abuse

I don't recognize my habits

My own short fuse,

Or the lack of ambition

With which I'm imbued

How'd that happen?

What good is the skin

That looks just like his

If it won't go as far

And remains paper thin?

What chance does she have Outside of the womb? She swore she would leave But she's way past due All she wants is another Minute, or two. I have tried to stay small All this time.

#### Clipped, Unequipped

And flightless birds And crazy mothers Clip my fingernails Until I can do it myself And cut my meat. The first time I used a knife The toaster Mascara from her closet Lipstick like I had lips Like I knew what lips did well Before I knew where my lips would land Before they spoke And someone would listen And the fear of creaking floors Coughs covering up shuffling drawers I stood taller than I do now To reach something red I did it quietly, at six I was more deferent And more unsure how much movement Made a mountain, looking back I see mole hills My heart shouldn't have waited In my throat for so long But I wasn't permitted simple joy, Nothing that showed on my face

#### <u>Stairway</u>

Somewhere I know you've never been So I don't expect you to remember Or care What it looked like And my eyes didn't work For the first couple years So who's to say what I saw But that cool metal spiral Coaxed fears out of me Ascending so high Thinning air Gravity. My bedroom window collected Ladybugs I had to be okay with that. It's where I've traced back the first Earth shattering lie The only time I asked for assurance The only promise I wanted kept That's where it was made And I was okay with that. It's where I learned not to touch the walls Oily hands Probably crayons and glue Тоо The white was too precious Too fresh and too new So I lied when it was my fault That they lost their hue.

I didn't understand gravity Because my world didn't spin On an axis that relied on white walls To keep going Who cares if the marker is blue Permanent and unsupervised? Outside our insulation They mix paints at Ace hardware, If I had known I'd have grown less fearful Of my mark The stains I've caused The messes I've made The permanence of the grime And not wholly convinced This detached existence Is too dirty To be worth your time.

#### She said, she said

Today you feel like the child You remember yourself to have been Though mothers recount The years differently, surely they are mistaken

Disbelief befalls her face When memories of truth come out Undeniably subjective, you elect To give in to the doubt

You decide your recollection's hyperbole, Elevated to the absurd, It couldn't have been so outrageous Through thick walls, what you thought you heard

Her conviction, though convincing Won't quiet the noise upstairs or down Only fueling the malignant mass That uncannily shrinks when she isn't around

On the same couch, you've seen action movies The same memories as a pair you've have amassed From opposite ends, melancholic bookends Seen the damage of lighting up gas

But volatility is a choice You have been given, You decide to diffuse Because to strike and match her enthalpy You are surely fated to lose. IV. The Emergent 'I'

#### **Becoming** Sturdy

'Imitators idolize, I intimidate'1 I suppose I'm the former But I don't think it's too late For a change. Not that I want to be seen As a monster, mean I like jelly on eggs And the length of my legs Quite a lot. I am spoonfuls of garbage And forks down your spine I am nothing but intense Okay, And then just Fine. I am the epitome of nonsense Whimsical silence Embodiment of absence And my kink is violence. My future is planned as far as Mugs in my cabinets And rather than address Every stupid little bad habit That will keep me From owning dish-ware, I will find a soft spot And then sit there, Master the art of braiding hair,

<sup>&</sup>lt;sup>1</sup> From Blackalicious' *Alphabet Aerobics* 

Chastise myself for how much I swear, Eat a pear with the sticker still on it, Pretend bugs want to hear my sonnets, I don't care if they crawl on my legs anymore I'm content just to be in the way

# <u>Thawed</u>

And it's enough for me,

For now,

To live above the grass

And ground

To use my legs

And clear my throat

To drink and taste

The words I wrote.

I'm on paper these days

Less afraid of my nose

For she's always been one

To appreciate prose,

Scratch and sniff.

They say ink lasts So I'll be around I've committed to a 4-pack of highlighters.

#### Something Common

Strikes me now and again that we may all understand each other completely If only we had the words. I don't want to die, I want you to want me to live. But not every sidewalk crack cares how hot my coffee is No matter how careless my step, And not every bee wants to sting me, in fact none do. I've killed a lot of grass and more bugs but I'm working on letting them crawl away. It used to be fear and now it's worse fear, Worse and better. I like my own light and my own windows Which I guess I've never had but I will. I get it kind of, I do. I understand but I'll never be able to say. We've all tried. I'd like to believe there is something common. One big plant, Soft carpet, overhead lighting I'll never hit my head on, At least one corner to turn but no more than three, The absence of sighs once the door locks, And maybe someone to watch me float from room to room. That's what I'd do. I'm changing my answer: If I could steal just one thing From the world it would be the desire for more than cabbage and a two-slot toaster. Yeah. Because there are some who'd want nothing more, Forced to take a lot less, at the mercy of those who want absolutely everything.

I'd just like solid ice cube trays and a place for my stapler.

## <u>A Sailor's Life</u>

Insignificant I'd say Unremarkable and unclear How in a lifetime of years I'd become something sturdy A ship with huge sails A schooner among scurvy And absence and whales My hair is adjusting And breakfast stays down.

I feel safe in the sea.