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# Fox Tracks in Mud

## Abstract

**Red fox tracks (*vulpes vulpes*) in the dried mud below a highway underpass near Boulder, Colorado.**

## Author/Artist Bio

Sophia (“So”) So Sinopoulos-Lloyd is a queer, Vermont-raised Greek-American who currently works as a nature educator in Colorado. So holds an MA in Religious Studies from Claremont Graduate University and has also studied wilderness survival, nature-based mentorship, and organic farming. So is deeply inspired by the relationship between spirituality and ecology, and strives to hold space for trans-disciplinary and inter-faith conversations about the fusion of nature and culture.

## Keywords

Fox, Tracks, Mud

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**Fox Tracks in Mud**

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## **Fox Tracks in Mud**

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Pictured here are red fox tracks (*vulpes vulpes*) in the dried mud below a highway underpass near Boulder, Colorado. Riverine underpasses are ideal spots for finding well-preserved animal tracks, especially a few days after water levels have gone down. Red fox tracks can be distinguished from those of a small coyote or a gray fox in part from the former's volume of inter-digital fur, which can be seen if one looks closely at the impressions in this photo. Part science, part art, finding and following animal tracks engages a primal part of the human psyche and can inspire trance-like states of intense focus. Wildlife tracking can thus be imagined as a methodological root of science, mediating between quantitative analysis of the world and intuitive engagement with the flesh of the world.